

CALENDAR OF EVENTS

September - December 2010

Date Course/Event Time Venue

SEPTEMBER

Mon 13 th , 20 th & 27 th	Committee Training Workshops for Sports Clubs	6.30pm-10pm	Tipperary Institute, Thurles
Tues 14 th	Child Welfare & Protection in Sport- Basic Awareness (Part 1 & 2)	6pm-10pm	Venue to be confirmed
Sun 19 th Registration 18 th	Women's 10k Tipp Mini Marathon	2pm	Thurles
Wed 22 nd	Road Running/Endurance Workshop	7pm-9.30pm	Sarsfields Social Centre, Thurles Steven Macklin (087) 6335565 steven@athleticsireland.ie

OCTOBER

Fri 8 th Oct	Speed, Agility & Quickness - Foundation Level	4pm-10pm	Thurles Sarsfields GAA Complex
Wed 13 th Oct	Buntús START	6pm-10pm	Venue to be confirmed
Sat 16 th Oct	Active Leadership Training Course	9.30am-5pm	Roscrea
Mon 18 th Oct	Child Welfare & Protection in Sport- Basic Awareness (Part 1)	7.30pm-9.30pm	Abbey Court Hotel, Nenagh
Thurs 21 st Oct	Child Welfare & Protection in Sport- Basic Awareness (Part 2)	7.30pm-9.30pm	Abbey Court Hotel, Nenagh
Sat 23 rd Oct	Assistant Coach Course (Athletics)	9am-5pm	Templemore, Steven Macklin (087) 6335565 steven@athleticsireland.ie
Sat 30 th Oct	Children's Officer Training	10am-5pm	Abbey Court Hotel, Nenagh

NOVEMBER

November	NTSP Grants Scheme	-	Closing date to be confirmed
Tues 2 nd Nov	Child Welfare & Protection in Sport- Basic Awareness (Part 1 & 2)	6pm-10pm	Templemore Arms Hotel, Templemore
To be confirmed	Gaelic 4 Girls	7pm-9pm	Roscrea
November	Hydration – you are what you drink - (Lucozade Sports Programme)	4pm-10pm	Venue to be confirmed
Fri 12 th Nov	Speed, Agility & Quickness Level 1	7.30pm-9.30pm	Thurles Sarsfields GAA Complex
Mon 15 th Nov	Child Welfare & Protection in Sport- Basic Awareness (Part 1)	7.30pm-9.30pm	Abbey Court Hotel, Nenagh
Thurs 18 th Nov	Child Welfare & Protection in Sport- Basic Awareness (Part 2) Buntús START Follow Up	7pm-9pm	Abbey Court Hotel, Nenagh
Mon 22 nd Nov	Nutrition – Feeding Performance - (Lucozade Sports Programme)	7pm-9pm	Venue to be confirmed

ONGOING

Every Tues	Leisure Cycling Group	7pm-8pm	Banba Square, Nenagh
Every Tues / Thurs / Sat	Leisure Running Group	7pm/7pm/ 10.30am	CBS Track Boys Secondary School, Nenagh

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